

# WORKSHOP INVITATION

## SumondoPro app



data available



remote monitoring



easy to use



backend support



Try the  
app at our  
workshop

Our experience showed us, that no matter how well your workplace takes care of you, or in which industry you work, no one is immune to work-related stress. Our device is based on a physiological phenomenon known as HRV (Heart Rate Variability) which is proportional to your stress. Regular use of our device makes you aware about your stress levels.

Knowing your stress indices everyday will make you aware of your stress triggering agents and help you in avoiding them.

Using meditation / music / breathing exercise regularly will help in reducing your stress. This stress management features are also available in the app.

## SPEAKERS

Claus Møldrup  
CEO at  
Drugstars, a  
medical  
Healthcare  
Start up, will  
talk about  
DrugStars  
vision, scientific  
background  
and strategy.



Dr. Meena Bhatta,  
a clinical  
researcher from  
University of  
Copenhagen, will  
talk about  
symptoms of stress  
and how to avoid.  
She will also talk  
about Science  
behind Sumondo  
Pro App.



Mr. Vishal  
Sisodia, CEO  
of Sumondo,  
will talk  
about  
success of  
Sumondo  
after four  
years of  
research  
and testing.



+ coffee, cake and networking



25th April from 1pm to 4pm



Copenhagen Bio Science  
Park, Ole Maaløes Vej 3, 2200  
København

REGISTER NOW

link on the description on  
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Eventbrite

CONTACT  
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FREE

Designed by:  
Piktochart